

ROBERT E LEE HIGH SCHOOL

REBEL RAMBLER



September, 2009
Volume 49, Issue 1

President's Pen

I would like to welcome everyone back to an exciting new year. It has been an incredible first six weeks of school. How fast time flies when you are working with such an outstanding group of students, staff and volunteers of LHS. We have been going strong with activities. Seniors be sure and check out the information below for upcoming events. Also the College Forum will be held September 30th at Midland College Chap Center from 7-8:30 p.m.

If you are a parent and would like to get involved we are always welcoming volunteers. Please contact the LHS PTA for more information. Our next board meeting will be October 7th at 1:00 p.m. in room 707 and November 4th at 1:00 p.m. in same room.

Michele Newton
LHS PSTA President
newtonmrbat@yahoo.com

SPIRIT ITEMS

We have Lee Rebel
bottle cap
necklaces,
bracelets and key
chains available for
\$5.00

If you are
interested in
purchasing please
contact Michele @

NO CARNIVAL DOLLARS

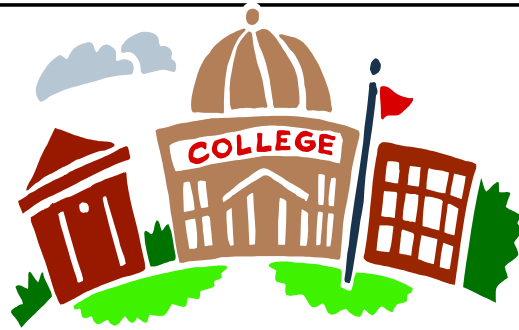
If you missed the buckets at open house it is not too late to donate. We will accept any donation amount. Please drop off your No Carnival Dollars to the office with a note stating as such. Your cash will be used to fund many programs LHS PTSA supports such as Reflections, Baccalaureate, and Project Graduation, academic awards, DFYIT and teacher appreciation week. If you have any questions please contact Michele @ 697-6310



Senior News
Fall 2009

Counselors

MELANIE CAVAZOS A-E
MICHELLE THORPE F-L
TABATHA EVERETT M-R
TERRE ARNETT S-Z



Important Events

Parent Night
September 28
6:00 p.m.

Baylor
Sept. 29th
Library @ Lunch

Austin College
Sept. 30
Library @ Lunch

St. Edwards
Oct. 1
Library @ Lunch

WWW.BRIDGES.COM
Log-in Information
Site Id: 1214171
Password: rebels

TAKS RETEST
Dates: Oct 20-23

Upcoming Test Dates

SAT
Oct. 10
Nov. 7
Dec. 5

ACT
Oct. 24
Dec. 12

SAT: www.collegeboard.com
ACT: www.actstudent.org

Must register in advance on the computer. Most students take the exams at Midland College. Testing begins at 8:00 a.m. on Saturdays on the above dates. Good Luck!!!

College Forum
At
Midland College
Come and visit
with many
colleges from all
over the state.
Sept 30th @ 7:00



Seniors:

MONEY FOR COLLEGE

The Junior League of Midland will sit with you I-on-I for FREE and help you find and fill out SCHOLARSHIPS!!! Call and make your appointment today at 682-4732. They are located at 902 W. Dengar St.

GO TO OUR WEBSITE
FOR MORE SENIOR
INFORMATION!!

Midlandisd.net/lhs

Go Rebels !!

9 STEPS GO GOING TO COLLEGE

Getting accepted to college can be stressful. Finding the money can be even harder. If you have not started your process, let this be your guide.

1. Go to Bridges.com and take their interest inventory and narrow down what you would “like to be when you grow up.”
2. While on bridges, research the colleges that offer that degree plan.
3. Go to applytexas.org or commonapp.org to begin your college application. If you are unable to find your college on these sites, you will need to go to the school’s private website and apply through them.
4. Follow all of the directions on the website. Many colleges require you to write an essay or two. Have your English teacher review your essays before you post them to the website.
5. Complete a “brag sheet” and hand out copies to those adults who you want a recommendation letter from and mail back to the colleges. Also remember to mail the school your official transcript and SAT/ACT scores.
6. Go to Fastweb.com and set up an account to help you find scholarships. Also make an appointment with Junior League at 682-4732, for help with scholarships.
7. In January fill out your financial aid paperwork at fafsa.ed.gov, for grants, scholarships, and student loans.
8. Monitor the scholarships book in your English room for new scholarships. Applications are in the counseling office.
9. Inform Ms. Cavazos of your college acceptance and financial awards so she can keep a running total.

Top 10 College Application Mistakes

1. Misspellings and grammatical errors
2. Applying online, but the application isn’t submitted.
3. Forgotten signatures
4. Not reading carefully
5. Listing extracurricular activities that aren’t extracurricular
6. Not telling the school counselor where you’ve applied
7. Writing illegibly
8. Using an e-mail address that friends might laugh about, but colleges won’t
9. Not checking your email regularly
10. Letting Mom or Dad fill out your application



Transcripts

Please review your transcript carefully. If you find an error or have a question, see your counselor. College applications require that you send a transcript. You can request an official transcript from Mrs. Benton, the registrar. She is located in the main office. The cost of an official transcript is \$1.00 each and you need to order a transcript at least 3 days before you need it.

Test Scores

If you are planning to attend a 4 year university or college, you need to take the SAT and/or the ACT. Please see the dates on the front side of this sheet. It is recommended that you take both tests because each test is very different from the other

Letters of Recommendation

As you begin applying to college, some applications require letters of recommendation. Choose someone who knows you. Please give the person 2 weeks to complete your letter...and remember to thank them for helping you with your future plans!!! You can pick up a recommendation form from the counseling center in the office.

Scholarships

The most current scholarship information is posted on the bulletin board outside the auditorium. There is a scholarship cabinet in the counseling center that contains scholarship applications. The Jr. League of Midland publishes a booklet that contains local scholarships that will be available at the end of the semester. Check on your prospective college's website to see if they offer any scholarships in your area of study. Check out fastweb.com for other scholarship information. A scholarship notebook is in each Senior English classroom, check it weekly for updates.

Midland Legacy Scholarship

If you are planning to attend Midland College, you have access to this tuition scholarship. It covers up to 12 hours per semester, and can be renewed for your 2nd year if you complete 40 hours of service and maintain a certain GPA.

- You must have a 2.75 GPA on a 4.0 scale.
- You must complete 40 hours of community service at an approved agency. Information on approved agencies is located in the counseling center.

Applications are accepted starting Jan. 2 at Midland College.

Texas Scholars

Texas Scholars is a recognition program...there is no scholarship involved. If you have a 2.75 GPA on a 6.0 scale, complete 20 hours of community service, and graduate on the recommended or DAP program, you will qualify as a Texas Scholar. You will be recognized at a banquet in your honor in the spring, and you will be recognized at graduation. Service hours are due to the counseling office by Feb. 20, 2009.

TAKS Retests

The TAKS test will be offered in October for seniors who have moved from out of state and for students who still need to pass 1 or more sections. The test will be given in the library, and the dates are as follows:

October 20:	ELA
October 21:	Math
October 22:	Science
October 23:	Social Studies

PARENTS AND STUDENTS

...ARE YOU PREPARING FOR COLLEGE?

*Art...*parents you may ask yourself what *art* has to do with college preparations. Colleges all across the nation want students that have participated in life. Studying and grades are by far not the only criteria that college admission panels review. They will be checking your student's resume for worthwhile activities they have participated in, in addition to their academic records. They will look for awards, and recognition in many areas that have nothing to do with their grades. That is where you now have the opportunity to add to that list. Each year the PTA sponsors participation in a wonderful art program.

REFLECTIONS!

“BEAUTY IS”

This program has SIX areas: Dance Choreography, Movie/Video, Visual Arts, Photography, Music Composition, and Literature. Students use the theme, “Beauty Is” and create works of art that interpret it. There are a few rules to follow but the most important thing is to be original, and creative. Students should use the world around them and have fun. There are entry forms in the Lee office or the library and they have the rules on them. Lee student entries will be judged and the best eight entries in each category will receive a “LHS Award of Excellence.” These entries will then advance to the Midland City Council PTA level of the program where they compete with the entries from LFHS, MHS, and MFHS. From these 8 entries in each category will be awarded the “Midland Council PTA Award of Excellence” and advance to Area 2 PTA level where two from each category will receive the “Area 2 PTA Award of Excellence” and advance to the Texas State PTA level.

Students can enter as many entries as they would like. They can be in any or all categories. The deadline to get those entries in to the LHS office by the:

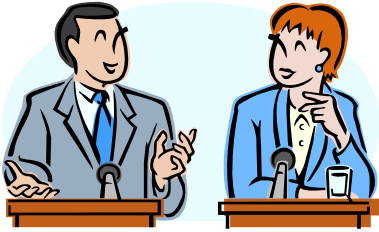
Deadline of November 19, 2009

Parents, you can see where there might possibly be three wonderful accomplishments to put on that college resume. So students, get those entry forms, read the rules, and begin that first step to college-do some art.

Michelle Newton
Arts in Education Chairman
697-6310
newtonmrbat@yahoo.com

Si quiere mas informacion o una traduccion de cualquier parte de esta publicacion, favor de llamar al Lee High School al 689-1600.

DEBATE



The Lee Debate Team is hosting its annual

fundraiser tournament, the Tall City Invitational, on Oct. 23-24, 2009. This is the Debate Team's only fundraiser for the year. Judges are needed! Events offered are interpretive reading (Prose and Poetry), Humorous and Dramatic acting, Duet acting, Impromptu Speaking, Original Oratory, Foreign and United States Extemporaneous Speaking, CX Debate, Public Forum Debate, LD Debate, and Student Congress.

Any interested in judging, please call Coach Cindy Wiebusch at 689-1698.

This is a worthy cause.

NATIONAL HONOR SOCIETY INDUCTION

Monday, November 2nd at 7 p.m. in the auditorium.



Robert E. Lee High School, DECA Club, September 25, 2009; Midland, TX.

What do footballs and MDA have in common? A whole lot! Help Lee High beat Midland High by selling more paper footballs to raise money for Muscular Dystrophy Association. Footballs are only \$1.00.

Starting this Tuesday, September 29th, 2009 Midland High and Lee High DECA clubs will be on site at the MHS vs LHS volleyball game to kickoff this fundraiser to support MDA. The winning school will be presented a trophy by the losing school's teacher at a future pep rally. Come support your favorite team and MDA!

National, state and local DECA clubs partner with MDA to raise money and awareness for muscular dystrophy. Both schools had students answer phones at the local MDA Telethon and got to meet Lilly, a patient who suffers from this disease. Her smile and encouragement lifted our spirits and motivated the students to raise even more money to help kids like Lilly.

Students, teachers and parents are encouraged to buy 1, 10 or 100 paper footballs in honor or memory of your favorite high school student or teacher. All paper footballs will be displayed on the cafeteria windows near the courtyard. Paper footballs are available at the Volleyball game on September 29th, the LHS football game on October 9th, any DECA club member or by calling the LHS DECA sponsor, Kathy Firkins at 689-1660. May the best seller win!



SEASONAL AND NOVEL H1N1 FLU: A Guide for Parents

Flu information

What is the flu?

The flu (influenza) is an infection of the nose, throat, and lungs caused by influenza viruses. Flu viruses cause illness, hospital stays and deaths in the United States each year. There are many different flu viruses and sometimes a new flu virus emerges to make people sick.

What is novel H1N1 flu?

Novel H1N1 flu is a new and very different influenza virus that is spreading worldwide among people. This new virus was called "swine flu" at first because it has pieces of flu viruses found in pigs in the past. However, novel H1N1 virus has not been detected in U.S. pigs.

Influenza is unpredictable, but scientists believe that the new H1N1 virus will cause illness, hospital stays and deaths in the United States over the coming months. This flu season, the new virus may cause a lot more people to get sick than during a regular flu season. It also may cause more hospital stays and deaths than seasonal flu.

How serious is the flu?

The flu can be very serious, especially for younger children and children of any age who have one or more chronic medical conditions. These conditions include asthma or other lung problems, diabetes, weakened immune systems, kidney disease, heart problems and neurological and neuromuscular disorders. These conditions can result in more severe illness from influenza, including the new H1N1 virus.

How does flu spread?

Both novel H1N1 flu and seasonal flu are thought to spread mostly from person to person through the coughs and sneezes of people who are sick with influenza. People also may get sick by touching something with flu viruses on it and then touching their mouth or nose.

What are the symptoms of the flu?

Symptoms of seasonal flu and novel H1N1 flu include fever, cough, sore throat, runny or stuffy nose, body aches, headache, chills and fatigue. Some people also may have vomiting and diarrhea.

How long can a sick person spread the flu to others?

People infected with seasonal and novel H1N1 flu shed virus and may be able to infect others from 1 day before getting sick to 5 to 7 days after. This can be longer in some people, especially children and people with weakened immune systems and in people infected with novel H1N1 flu.

Protect your child

How can I protect my child against flu?

Get a seasonal flu vaccine for yourself and your child to protect against seasonal flu viruses.

Take everyday steps to prevent the spread of all flu viruses. This includes:

- Cover your nose and mouth with a tissue when you cough or sneeze. Throw the tissue in the trash after you use it.
- Wash your hands often with soap and water, especially after you cough or sneeze. If soap and water are not available, alcohol-based hand cleaners are also effective.*



- Avoid touching your eyes, nose and mouth. Germs spread this way.
- Teach your child to take these actions too.
- Try to keep your child from having close contact (about 6 feet) with sick people, including anyone in the household who is sick.
- Keep surfaces like bedside tables, surfaces in the bathroom, kitchen counters and toys for children clean by wiping them down with a household disinfectant according to directions on the product label.
- Throw away tissues and other disposable items used by sick persons in your household in the trash.

Is there a vaccine to protect my child from H1N1 flu?

A vaccine against novel H1N1 flu is being produced and will be available in the coming months as an option for the prevention of the new H1N1 flu. A vaccine against seasonal flu is available each fall and winter. More information about the new H1N1 flu vaccine and the seasonal flu vaccine is available on the CDC Web site.



Is there medicine to treat the flu?

Antiviral drugs can treat both seasonal flu and the new H1N1 flu. These drugs can make people feel better and get better sooner. But they need to be prescribed by a doctor and they work best when started during the first 2 days of illness. These drugs can be given to children. The priority use for these drugs is to treat people who are seriously ill or who have a medical condition that puts them at high risk of serious flu complications.

What should I use for hand cleaning?

Washing hands with soap and running water (for as long as it takes to sing the "Happy Birthday" song twice) will help protect against many germs. When soap and running water are not available, wipes or gels with alcohol in them can be used (the gels should be rubbed into your hands until they are dry).*

If your child is sick

What can I do if my child gets sick?

If your child is 5 years or older and otherwise healthy and gets flu-like symptoms, including a fever and/or cough, consult your doctor as needed and make sure your child gets plenty of rest and drinks enough fluids.

If your child is younger than 5, or of any age and has a medical condition like asthma, diabetes, or a neurologic problem and develops flu-like symptoms, including a fever and/or cough, call your doctor or get medical attention. This is because younger children and children who have chronic medical conditions (like asthma or diabetes) may be at higher risk of serious complications from influenza infection, including the new H1N1. Talk to your doctor early if you are worried about your child's illness.

What if my child seems very sick?

Even children who have always been healthy before or had the flu before can get a severe case of flu.

Call or take your child to a doctor right away if your child of any age has:

- Fast breathing or trouble breathing
- Bluish or gray skin color
- Not drinking enough fluids
- Severe or persistent vomiting
- Not waking up or not interacting
- Being so irritable that the child does not want to be held
- Flu-like symptoms improve but then return with fever and worse cough
- Has other conditions (like heart or lung disease, diabetes, or asthma) and develops flu-like symptoms, including a fever and/or cough.

Can my child go to school, day care or camp if he or she is sick?

No. Your child should stay home to rest and to avoid giving the flu to other children.

When can my child go back to school after having the flu?

Keep your child home from school, day care or camp for at least 24 hours after their fever is gone. (Their fever should be gone without them having taken a fever-reducing medicine.) A fever is defined as 100°F or 37.8°C.

*Though the scientific evidence is not as extensive as that on hand washing and alcohol-based sanitizers, other hand sanitizers that do not contain alcohol may be useful for killing flu germs on hands in settings where alcohol-based products are prohibited.

For more information, visit
www.cdc.gov or www.flu.gov
or call
1-800-CDC-INFO